### TMC essential job functions



This is not an exhaustive representation of all the essential job functions involved with being a flatbed driver for TMC, but instead is intended as a general overview of the most basic of job functions. These tasks are often performed on a daily basis and are essential to your job duties.



Snap binder:

Requires the ability to fully extend the arms over the head and pull down with a force equivalent to user's entire bodyweight.



Requires the ability to exert downward force equivalent to user's entire bodyweight.

Winch:



#### High load:

Requires the ability to climb a ladder to heights exceeding 13', while carrying securement equipment and tarps.



#### Climbing:

Requires the ability to pull the user's entire bodyweight off the ground and onto the back of a trailer.



Climbing a load:

Requires the ability to lift the user's entire bodyweight off the ground and onto a load. Often times the load height will be at shoulder level.



# Throwing a strap:

Requires the ability to fully extend the shoulder in order to throw a strap over the top of a load exceeding 13'.



#### Lifting:

Requires the ability to squat completely to the floor and lift items weighing as much as 120 lbs.



### Climbing into truck:

Requires the ability to pull the user's entire bodyweight off the ground and step into the driver's compartment.



# Releasing fifth wheel:

Requires the ability to squat and fully extend the arm and pull the fifth wheel release using approximately 50 lbs of pulling force.

Employee I.D. #

Document: TMC essential job functions

Page: 1 of 1

Origination date: 7/22/08

Revision date: